



Asian Culture Center of TN  
[www.knoxasianfestival.com](http://www.knoxasianfestival.com)



## Have a Wonderful Mother's Day

We would like to wish all the mothers out there a very Happy Mother's Day!  
We hope your day is full of joy, and may you spend it surrounded by family  
and loved ones. This is your day!





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## Year of Mouse 5K/1 mile walk virtual Race Report

We have raised \$1,300 in March 2020 & donated for [Knoxville service industry relief funds.](#)

We donated 50 goggles to protect healthcare workers in April.

May is Asian/Pacific islanders month. Running/walking makes you healthier. Getting in 30 to 60 minutes of moderate to brisk activity can help your immune system keep viruses at bay.

Sign up & receive this special medal and a t-shirts(if you sign up before July 19<sup>th</sup>)

[Sign Up](#)



Phillipine's Health care workers, nurses in Fort Sanders Regional, Tennova Health care in Farragut & patient therapy clinic in Maryville, Dynamic Physical Therapy got the goggles from Asian Culture Center.





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## May is Asian/Pacific islanders Celebration Month



May is Asian/Pacific islanders Celebration Month. Let's learn about history, food and cultures. Here is the listing of our 1st Asian Festival film Festival. (Thank you so much for Laykoon, Tai-Lun, Yuika to create the 1st film Festival)

Did you know Knox library has the system called "Kanopy" <https://www.kanopy.com>

As long as you have the library card, You can watch educational documentary & film **FREE**. Enjoy and learn about History & Cultures from our 1st Asian Festival Film Festival listing.

### Section A - The Immigration Story

#### 1) Home From the Eastern Sea

The story of Asian immigration to America, particularly of the Chinese, Japanese and Filipinos.

(by Stourwater Pictures; filmmakers - Elizabeth C Stern & Lucy Ostrander)  
58 mins 1990

#### 2) *Essential Arrival*

Michigan's Indian Immigrants in the 21st Century (filmmaker Arifa K.

## Section B - Cultures, beliefs, foods, music & dance, of Asian groups

### 1) East & West: Culture affects Thought Processes Part 2

Researchers conducted studies in the US, UK and in East Asia (Japan, China, Korea) and came to the surprising conclusion that in many aspects, people from the “East” and people from the “West” think in diametrically different ways.

(by Film Ideas)

44 mins 2009

### 2) *Asian Style Grilling*

Cooking demonstration by a chef instructor at CIA (Culinary Institute of America) on 4 popular grilled meat dishes:

Beef Satay (Thailand and Malaysia)

Chicken Yakitori (Japan)

Pork with Lemon Grass ( Vietnam)

BBQ short Ribs (Korea)

(by The Great Courses) 33 mins, 2015

### 3) *Becoming Ourselves - How Immigrant Women Transformed Their World*

How a social justice organization based in Oakland, California - Asian Immigrant

Women Advocates (AIWA) - focused on building the long-term collective leadership of limited-English speaking immigrants, and empowered women and youth to become powerful agents of social change.

(by Asian Immigrant Women Advocates, Filmmaker Gary Delgado)

23 mins 2013

## Section C - A feature length documentary film

### *The Grace Lee Project*

Deconstructing an Asian-American Stereotype.

Official selection at the SXSW Film Festival. Nominated for Best Documentary

Feature at the Los Angeles Film Festival

(by Women Make Movies, Fimmaker Grace Lee Boggs)

68 mins 2005

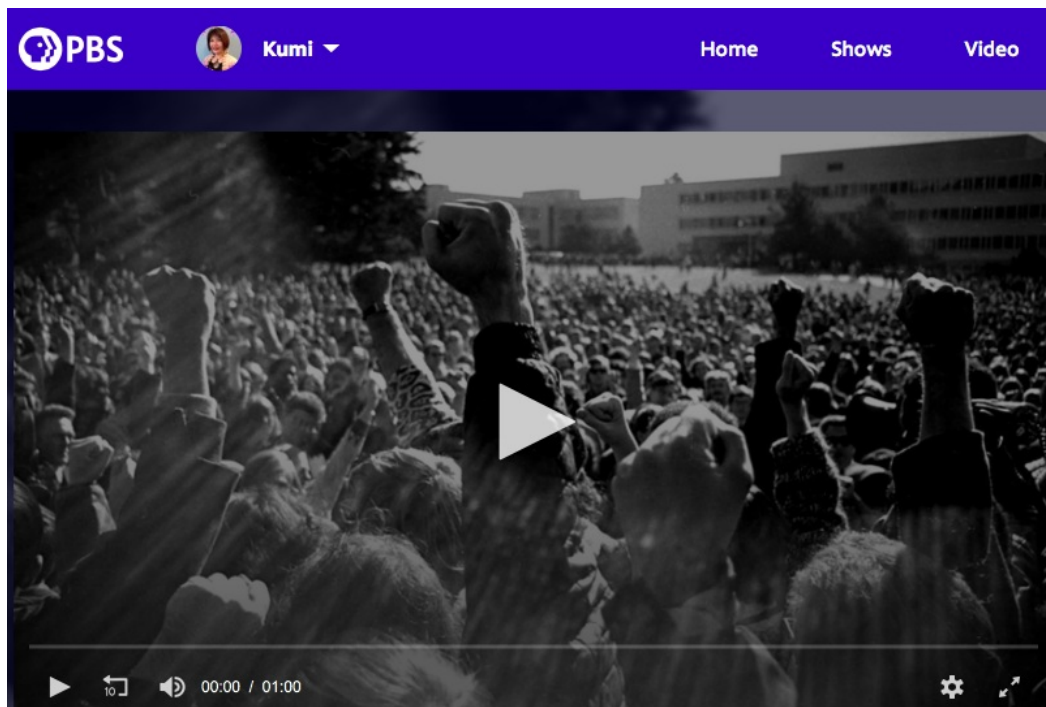
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# What To Watch: Asian American Pacific Islander Heritage Month Edition



May 1, 2020

May 11th & 12th 8PM on PBS, The history of identity, contributions, and challenges experienced by Asian Americans



It was a very hard decision. 7th Knox Asian Festival/ Film Festival 2020 has been **canceled** for public health reasons. Thank you so much for understanding and your support.

Your donation will go toward to keep our educational program and HELP our community. Thank you so much for supporting us.

Donate

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Asian Culture Center of TN | 865-408-8129 | [info@knoxasianfestival.com](mailto:info@knoxasianfestival.com)  
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